

# Life Harmony Values Worksheet

This form assesses which values are most important to you. Start by selecting 15 values, and then narrow your selection down to 5 values.

<input type="checkbox"/> Achievement	<input type="checkbox"/> Excellence	<input type="checkbox"/> Joy	<input type="checkbox"/> Purity
<input type="checkbox"/> Authenticity	<input type="checkbox"/> Faith	<input type="checkbox"/> Justice	<input type="checkbox"/> Relationship
<input type="checkbox"/> Beauty	<input type="checkbox"/> Family	<input type="checkbox"/> Kindness	<input type="checkbox"/> Respect
<input type="checkbox"/> Camaraderie	<input type="checkbox"/> Forgiveness	<input type="checkbox"/> Knowledge	<input type="checkbox"/> Resourcefulness
<input type="checkbox"/> Community	<input type="checkbox"/> Fun	<input type="checkbox"/> Legacy	<input type="checkbox"/> Responsibility
<input type="checkbox"/> Compassion	<input type="checkbox"/> Generosity	<input type="checkbox"/> Love	<input type="checkbox"/> Security
<input type="checkbox"/> Competence	<input type="checkbox"/> Gentleness	<input type="checkbox"/> Loyalty	<input type="checkbox"/> Service
<input type="checkbox"/> Courage	<input type="checkbox"/> Gratitude	<input type="checkbox"/> Mercy	<input type="checkbox"/> Spirituality
<input type="checkbox"/> Creativity	<input type="checkbox"/> Health	<input type="checkbox"/> Nurture	<input type="checkbox"/> Strength
<input type="checkbox"/> Dependability	<input type="checkbox"/> Humility	<input type="checkbox"/> Obedience	<input type="checkbox"/> Stability
<input type="checkbox"/> Encouragement	<input type="checkbox"/> Innovation	<input type="checkbox"/> Optimism	<input type="checkbox"/> Trust
<input type="checkbox"/> Enthusiasm	<input type="checkbox"/> Integrity	<input type="checkbox"/> Perseverance	<input type="checkbox"/> Unity
<input type="checkbox"/> Equality	<input type="checkbox"/> Intelligence	<input type="checkbox"/> Leadership	<input type="checkbox"/> Wisdom

Select 15 Values	Select 10 Values	Select 5 Values
1 _____	1 _____	1 _____
2 _____	2 _____	2 _____
3 _____	3 _____	3 _____
4 _____	4 _____	4 _____
5 _____	5 _____	5 _____
6 _____	6 _____	<b>Notes:</b> <div style="border: 1px solid #ccc; height: 150px; width: 100%;"></div>
7 _____	7 _____	
8 _____	8 _____	
9 _____	9 _____	
10 _____	10 _____	
11 _____	<b>Notes:</b> <div style="border: 1px solid #ccc; height: 100px; width: 100%;"></div>	
12 _____		
13 _____		
14 _____		
15 _____		
<b>Notes:</b> <div style="border: 1px solid #ccc; height: 80px; width: 100%;"></div>		